

WRITTEN TEST FOR PROMOTION TO THE POST OF WARD SISTER (13/10/2015)

1. The underlying premise of the universal precaution is that
 - A. All blood, body fluid and tissues must be handled as if they are infectious
 - B. All health care workers have the same risk of acquiring infection
 - C. All exposure incidents must be thoroughly investigated
 - D. All health care facilities should implement the same infection control plan
2. Patient records are kept safely because they
 - A. Show the services rendered to the patients
 - B. Aid in research
 - C. Aids in giving information to patient regarding their illness
 - D. All the above
3. Which one of the following is **not** a technique of supervision
 - A. Anecdotal record
 - B. Incidental teaching
 - C. Reassurance
 - D. Procurement
4. The most frequent infection found in long term care setting involves
 - A. Respiratory tract
 - B. Gastrointestinal tract
 - C. Urinary tract
 - D. Skin and soft tissue
5. Which of the following is used as the frame work for preparation of standards of nursing care
 - A. Nursing process
 - B. Nursing procedure
 - C. Nurses record
 - D. Nursing manual
6. If a Head Nurse finds one of her Night duty Nurses delaying work frequently, what will be the most wise step that she has to undertake for good ward management
 - A. Ask her to remain overtime and finish night work
 - B. Adjust the assignments Judiciously
 - C. Help the Night Nurse in planning her work according to priority
 - D. Divide the remaining tasks among the day time nurses equally
7. Which of the following aid helps a Head Nurse to keep a detailed list of all articles in the ward with their specification and standard number or quantity
 - A. Standard
 - B. Inventory
 - C. Exchange system
 - D. Requisitions
8. Which of the following is **not** a step in problem solving?
 - A. Recognize the problem
 - B. Find out possible solution
 - C. Evaluation
 - D. Co-ordinate the situation
9. Which of the following method of assignment is used to give complete Nursing care to one or more patients by a Nurse
 - A. Functional method
 - B. Team method
 - C. Patient method
 - D. Work method

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10. Regarding elements of administration POSDCORB, D stands for
A. Discipline B. Directing
C. Division of work D. Decentralization
11. According to Maslow's theory, the administration can meet the self esteem needs of an employee through
A. Salary and other amenities B. Job security
C. Autonomy and freedom of work D. Personal and professional growth
12. The term "Span of Control" means
A. The number of subordinates an officer can effectively supervise
B. Fixing the responsibility
C. Competence of the supervisors
D. Employee should receive orders from one supervisor only
13. Circulars are an example for
A. Downward communication B. Upward communication
C. Horizontal communication D. Grapevine communication
14. Job description is
A. Physical requirements, experience and skills required to perform the job
B. Activities that a staff is ready to do
C. Qualification that a staff possesses
D. An explanation pertaining to duties, responsibilities and conditions required to perform the job
15. Which of the following ethical principle incorporates the concept that an individual should always tell the truth
A. Non maleficence B. Veracity C. Fidelity D. Beneficence
16. The Nurse fails to administer a drug in the correct route is an example of
A. Slander B. Malpractice C. Defamation D. Battery
17. Which of the following factors influence quality of patient care
A. Amount of Nursing care provided B. Stability of service
C. Quality of ward management D. All the above
18. Which intention best describes the alerting of a sentinel event in the ward
A. To document the breakdown in communication in a shift report
B. To indicate that a community or hospital is not safe
C. To record the harm done when a medication error occurs
D. To signal the need for immediate investigation and response

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19. Which of the following guidelines should be least considered while formulating objectives for Nursing care
- A. Written Nursing care plan B. Staff preferences
C. Holistic approach D. Standards
20. Which of the following is a Indian Health Care accrediting agency
- A. Joint Commission International
B. Joint Commission on Accreditation of Health Care
C. National Accreditation Board for Hospitals and Health Care Providers
D. International society for Quality in Health Care
21. The basis of ABC analysis in inventory control is
- A. Annual Consumption value B. Criticality of item
C. Unit cost of items D. Market availability
22. Component of Nursing Diagnosis include all except
- A. Problem statement B. Etiology
C. Defining characteristics D. Outcome
23. Which of the following best describe the process of searching for prospective employees and stimulating them for applying for job
- A. Selection B. Recruitment C. Staffing D. Employment
24. Which among the following is the correct technique for transferring sharp object to a doctor
- A. Placing sharps in a tray B. Holding smooth end towards Doctor
C. Holding sharp edge towards Doctor D. None of the above
25. The Nurse patient ratio set for a Cardiology Medical Ward is 1: 5 / shift with 30% Leave reserve .A Head Nurse is assigned with opening a 30 Bedded ward. What is the Staff strength required to equip the unit for the three shift duty?
- A. 17-19 B. 23-25 C. 28-30 D. 13-15
26. A charge Nurse identifies that one of her staff is experiencing burnout. The most appropriate intervention is to
- A. Advise her to concentrate in duty and show loyalty to institution
B. Record this observation and inform to higher authority
C. Let the staff to ventilate her feelings and ask how you can help her
D. Advise her to go for a vacation
27. Performance appraisal consist of all the following **except**
- A. Setting specific standards and activities for individual performance
B. Using institution standards as a guide for evaluation
C. Determine area of strength and weakness
D. Focuses mainly on the behaviors that needs correction

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28. A brief standardized indoctrination to an agency's philosophy, purpose, policies and regulations given to each Nurse during his or her first 2-3 days of employment is termed as
- A. Induction training B. Orientation
C. In-service education D. Continuing education
29. The Kerala Nurses and Midwives council has implemented Renewal of Registration for Nurses. How much credit hours must a Charge Nurse acquire over a five year period to apply for renewal of registration?
- A. 50 Hrs B. 30 Hrs C. 150 Hrs D. 100 Hrs
30. Which one of the following statement is true
- A. All biomedical waste products can be destroyed by incineration
B. Waste segregation must start from the point of waste production
C. Waste segregation must be started at the time of final waste disposal
D. Cytotoxic waste need to be autoclaved before disposal
31. The analogy *Hot stove rule* is applicable to
- A. Delegation B. Budgeting C. Communication D. Discipline
32. In which leadership style the leader values the individual characteristics and abilities of each subordinate
- A. Laissez faire style B. Autocratic style
C. Democratic style D. Abdicratic style
33. Which of the following is used for fiscal planning and decision making
- A. Balance sheet B. Budget C. Quality circles D. Human Resource Planning
34. Synchronised shocks are recommended for patients who is
- A. Pulseless B. in severe shock C. Polymorphic VT D. Unstable SVT
35. Which of the following is the correct sequence of the adult chain of survival of cardio pulmonary resuscitation
- A. Activation of emergency response, early CPR, defibrillation, advanced life support, Post cardiac arrest care
B. Early CPR, activation of emergency response, defibrillation, advanced life support, Post cardiac arrest care
C. Defibrillation, activation of emergency life support, advanced life support, Post cardiac arrest care
D. Activation of emergency response, Defibrillation, Advanced life support

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36. Legal safeguards in nursing practice include
A. Licensure B. Informed consent C. Standing orders D. All the above
37. Initiation of fibrinolytic therapy for stroke in appropriate patients should be done within
A. 3 hours from symptom onset B. 8 hours of symptom onset
C. 24 hours of symptom onset D. 12 hours of symptom onset
38. Involvement of which of the following structures will lead to right sided hemiplegia and aphasia
A. Vertebral Artery B. Left middle cerebral artery
C. Brainstem D. Right middle cerebral artery
39. A method of measuring workload in ICU
A. Simplified Acute Physiology Score
B. Acute Physiology And Chronic Health Evaluation scoring system
C. Therapeutic Intervention Scoring System D. None of the above
40. The novice Nurse, under your supervision, is providing nursing care for a patient with Guillain-Barre syndrome. What observation would you instruct her to report immediately?
A. Complaints of numbness and tingling
B. Facial weakness and difficulty speaking
C. Rapid heart rate of 102 beats per minute
D. Shallow respirations and decreased breath sounds
41. You are supervising a senior nursing student who is caring for a patient with a right hemisphere stroke. Which action by the student nurse requires that you intervene?
A. The student instructs the patient to sit up straight, resulting in the patient's puzzled expression.
B. The student moves the patient's tray to the right side of her over-bed tray.
C. The student assists the patient with passive range-of-motion (ROM) exercises.
D. The student combs the left side of the patient's hair when the patient combs only the right side.
42. While assessing a pressure ulcer, a charge Nurse observes a full thickness skin loss where the depth of the ulcer is completely obscured by slough and / or necrotic tissue. She classifies the Pressure ulcer as
A. Grade 2 Pressure ulcer B. Grade 3 Pressure ulcer
C. Grade 4 Pressure ulcer D. Ungradable
43. Which drug is to be kept ready in the emergency department when a patient arrives with status epilepticus?
A. PO phenytoin and carbamazepine B. IV lorazepam
C. IV carbamazepine D. IV magnesium sulphate

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44. In the work setting, your primary responsibility in preparing for disaster management includes
- A. Knowledge of the Hospital's emergency response plan
 - B. Awareness of the agents of disaster
 - C. Knowledge of how and what to report to the CDC
 - D. Ethical decision-making about exposing self to potentially lethal substances
45. A patient has elevated jugular venous pressure, pulses paradoxus and hypotension. The nurse understand that the patient is exhibiting signs of
- A. Deep vein thrombosis
 - B. Pleural effusion
 - C. Myocarditis
 - D. Cardiac tamponade
46. International Nurses Day theme 2015 is
- A. Closing The Gap: From Evidence to Action
 - B. Closing The Gap: Millennium Development Goals
 - C. Nurse: A Force for Change: Care Effective, Cost Effective
 - D. Nurse: A Force for Change – A vital resource for health
47. The duration of treatment using antiretroviral drugs for AIDS is
- A. 6 months
 - B. 8 months
 - C. life long
 - D. 18 months
48. According to the recent AHA guidelines, the chest compression to ventilation ratio in adults with one rescuer is
- A. 30:2
 - B. 15:2
 - C. 15:1
 - D. 30:1
49. Which of the following finding is **not** included in Cincinnati pre hospital stroke scale?
- A. Facial droop
 - B. Arm drift
 - C. Abnormal swallowing
 - D. Abnormal speech
50. The major advantage of a venturi mask is that it can
- A. Deliver up to 80% oxygen.
 - B. Provide continuous 100 % humidity.
 - C. Deliver a precise concentration of oxygen.
 - D. Be used while a patient eats and sleep.

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Answer key

Question	Answer
1.	A
2.	D
3.	D
4.	C
5.	A
6.	C
7.	B
8.	D
9.	C
10.	B
11.	C
12.	A
13.	A
14.	D
15.	B
16.	B

17.	D
18.	D
19.	B
20.	C
21.	A
22.	D
23.	B
24.	A
25.	B
26.	C
27.	D
28.	A
29.	C
30.	B
31.	D
32.	C
33.	B

34.	D
35.	A
36.	D
37.	A
38.	B
39.	C
40.	D
41.	A
42.	D
43.	B
44.	A
45.	D
46.	C
47.	C
48.	A
49.	C
50.	C